

# General Settings

To access settings, click **Settings** in the left sidebar.

In Settings, you can change the language of FileFlex.

In Settings, you have the option to show or hide the start-up wizard, progress manager, or help balloons. You can also reset the help balloons so that they show up again when going through FileFlex. Simply check or uncheck the box next to the features you want to enable or disable. You can also delete your account here.

By selecting the **Security** tab, you can enable two-factor authentication if needed. Two-factor authentication adds extra layer of security and protects your account.

Each time you want to view/edit the Two-factor Authentication" settings, you are prompted for a password and you need to provide your FileFlex password here.

FileFlex support two methods for Two Factor Authentication

1. Authenticator App: You can use any authenticator based on a time-based token. e.g. [Google Authenticator](#), [Microsoft Authenticator](#), [Authy](#) & [Duo](#)..
2. U2F keys: All U2F keys based on FIDO 2.0 are supported by FileFlex for two-factor authentication.